



Information for parents

Squiggle Whilst You Wiggle is an early writing program created by Shonette Bason-Wood. Squiggle Whilst You Wiggle incorporates dance, music and large movements to help children develop the fine muscle control they need for writing. They will learn a new gross motor movement to a piece of music while holding 'Flipper Flappers' (bits of fabric) while dancing along to the music.

The children then transfer these movements to floor level and swap their flipper flappers for writing tools (crayons/pens etc) to make marks, this could be in foam, on paper, in sand etc. They will then use this action to think of letters they can form that use this shape. These sessions are great fun but most importantly help your child to be confident mark makers.

Squiggle whilst you wiggle is incredibly fun, motivating and excites the children to engage in gross motor skills and writing. It's all about mark making and how to develop children's writing in a fun and exciting and extremely active way.

How to Squiggle Whilst You Wiggle at home?

The staff at The Orchard Nursery have engaged in training for the program but if you would like to try it at home watch the videos below, grab some flappers (could be tissues or bits of material), find some mark making tools and turn the music up! 😊 Once you have completed the movements and the mark making see which letters you can see on your paper.

If you search 'Squiggle Whilst You Wiggle Music' on Youtube you will find a range of songs to enjoy while you are Squiggling.

[Squiggle whilst you Wiggle Video](#)