

COVID-19 Safety Measures

The safety of your child, the team and families is our main focus. We are following Government advice and will be guided by them, whilst being flexible and ensuring children are happy and making good progress at nursery.

We will be using a common sense approach to 'Living with Covid19'. We have adapted the measures in place in nursery to strike the balance between protecting education and reducing transmission.

Children and young people aged 18 and under can get coronavirus (COVID-19), but it's usually a mild illness and most get better in a few days.

Symptoms of COVID-19 can include:

- A high temperature or shivering (chills) a high temperature means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- A new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
- A loss or change to your sense of smell or taste
- Shortness of breath
- Feeling tired or exhausted
- An aching body
- A headache
- A sore throat
- A blocked or runny nose
- Loss of appetite
- Diarrhoea
- Feeling sick or being sick

The symptoms are very similar to symptoms of other illnesses, such as colds and flu.

What to do if your child has symptoms

Your child should stay at home and avoid contact with other people if they have symptoms of COVID-19 and they either:

- Have a high temperature
- Do not feel well enough to go to attend nursery, or do their normal activities.

 They can go back to nursery when they feel better or do not have a high temperature.

Most children who are unwell will recover in a few days with rest and plenty of fluids.

• Children and young people who have a positive test result for COVID-19 should not attend the setting for 3 days after the day of the test. Children and young people tend to be infectious to others for less time than adults. If they're well and do not have a temperature after 3 days, there's a much lower risk that they'll pass on COVID-19 to others.

- Adults who test positive for COVID-19 will no longer be infectious to others after 5 days. If staff have a positive COVID-19 test result, they will stay at home and avoid contact with other people for 5 days after the day they took the test.
- We recognise that because access to covid-19 testing will become increasingly restricted, and will become chargeable in some instances, it may not be possible to identify cases of covid-19.
- We will ask you to conduct an LFT home test on your child and if positive isolate for three days. If you don't have any LFT's please contact the nursery as we have a small supply.
- Our priority attendance procedure will still remain in place should our staffing become compromised due to high case numbers.
- In this situation we will be limited as to how many children we can cater for, due to some staff needing to isolate. Therefore, we will have to prioritise the following groups of children in this order:-
 - 1. Vulnerable Children
 - 2. Children of key worker parents
 - 3. Children of working parents.
 - 4. Children of Non-working parents
- Attendance will vary on a day to day basis.
- The Management team will formulate a plan and communicate via email or telephone if your child can attend the nursery.

We will maintain the control measures at all times to ensure we reduce the risk of spread of COVID-19:

- Ensure good hygiene for everyone.
 Hand washing, Respiratory hygiene and use of PPE Catch it, bin it, kill it.
- 2. Maintain appropriate cleaning regimes, using standard products such as detergents. Cleaning routines in place
- 3. Keep occupied spaces well ventilated.
- 4. Wear face coverings or visors, when required
- Everyone entering the building must wash their hands or use hand sanitiser.
- Any child who has taken any form of paracetamol or ibuprofen will not be allowed into nursery for 24 hours after symptoms have ended, for whatever reason.
- We're washing our hands more frequently and we're wiping touch points areas more frequently too.
- Weekly deep cleans will take place in every room.
- Outside play will be vital and children will spend as much time outside as possible. Please dress your child appropriately for the weather.
- You must ensure all of your contacts and emergency contacts are up to date and are able to collect your child in the event of an emergency or they become ill.